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## FIGHTING A LOSING BATTLE HOW I LOST 100 LBS IN TEN MONTHS EBOOKS 2019



How I Lost 100 Lbs. in Ten Months!  
by  
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Release Date: Lanzamiento previsto: @@expectedReleaseDate@@

Fighting a Losing Battle is a book of hope for all who read it. It gives a personal account of my struggles and fears about being overweight and how I conquered them! Oft times, we take an external approach to weight loss. But in this book, you'll discover that true breakthrough comes from within. You have on the inside of you all that you need to win your "losing battle." Are you ready?

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